

Man Sands



- Description: Man Sands is a large sandy beach which is usually quiet as parking is a 30 minute walk away and there are no facilities
- Safety: No details available
- Access: Access via a lane (sloping in places)
- Dogs: Dogs allowed all year
- Directions: Man Sands is about 1 mile from Brixham which is about 33 miles from Plymouth and 29 miles from Exeter. From Exeter take the A38 and shortly after Exeter take the A380 (signposted to Torquay) and follow the A380 past Newton Abbot to the outskirts of Paignton. Alternatively from the Plymouth direction, take the A38 and at Marley Head turn onto the A385 (signposted to Paignton) and continue on the A385 through Totnes to the outskirts of Paignton. At Paignton take the A3022 to Brixham. On the A3022 at the Kennels Road junction turn right onto the A379 (signposted to Dartmouth). Continue on the A379 through Hillhead and just after Hillhead turn left onto the B3205. Continue on this road for about half a mile, then after some cottages on the left, turn left onto a minor road (signposted to Coleton Fishacre). Continue on this lane, which becomes very narrow for about 2 miles until a small National Trust car park. From here walk the lane (known as Woodhuish Lane) to Man Sands beach (takes about 30 minutes). Alternatively park at the Sharkham Point car park on the outskirts of Brixham and walk the coast path south (very steep in places)
- Parking: 1 small car park, also parking at Sharkham Point
- Toilets: No
- Facilities: None

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